

## FREE Volunteering Courses for Adult Residents of Greenwich

All sessions are on zoom and you will need a smartphone, tablet or computer with Internet access.



Opportunities to volunteer in your community and support events running in the borough.

Would you like to volunteer in the community or schools?

Or support ESOL conversation clubs and in ESOL classes?

Or use your digital skills to help other people?

These courses are suitable for those who are already volunteering and are interested in taking on new roles or for people totally new to volunteering

### **The topics covered include:**

Safeguarding /Inclusion and diversity/ confident communication and interview skills /peer support and mentoring / Mental Health Awareness



**To book your space please email or text**

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